EXHIBIT B

Craig Scott

From: Pizzuti, Everett V. (Pres.) [EVPizzuti@ASTROMED.com]
Sent: Thursday, November 09, 2006 3:14 PM
To: Craig Scott; Roger Hood
Subject: FW: Your resignation

Here is another tidbit

.evp.....

From: Plant, Kevin
Sent: Friday, September 22, 2006 8:30 AM
To: Pizzuti, Everett V. (Pres.)
Cc: Ondis, Albert W. (CEO)
Subject: RE: Your resignation

Mr Pizzuti-

I would like to thank you for your sincere wishes for my future career. I have been proud to be a member of the Grass Telefactor team and to help Astro-Med grow in the short time I have been associated with your company.
Unfortunately, my future career aspirations have directed me elsewhere. I appreciate your time and effort during this period.
I have given serious consideration and thought to your message regarding the employee agreement and have thoroughly discussed this with my attorneys.

Thank you again for the opportunity that Astro-Med has afforded me and I wish you and Mr. Ondis the best of luck for a prosperous future.

Sincerely,
Kevin M. Plant

From: Pizzuti, Everett V. (Pres.) [mailto:EVPizzuti@ASTROMED.com]
Sent: Thursday, September 21, 2006 3:59 PM
To: Plant, Kevin
Cc: Mancini, Marco
Subject: Your resignation

Dear Kevin:

I am very disappointed to have received your notice of resignation. We considered you an important member of our team and are sorry to lose you.

Although it is unusual for an employee to resign and not announce where and why he is leaving, this is your decision and we will not press you further.

But I do want to remind you that you signed a no-compete agreement with us. If you are indeed going to a competitor, I want you to know that we will prosecute under this agreement vigorously and speedily.

I wish you the best.

Everett V. Pizzuti

President

Astro-Med, Inc.

.evp.....